

ACTS FAST – Trustee Role Description

Hello! We are ACTS FAST and we're all about helping families thrive again following the devastating impacts of child sexual abuse (CSA) and indecent images. We stand with families following a disclosure and help them with caring and compassionate emotional and therapeutic support.

We are looking to grow our small but mighty team with a little help from some new faces who will help keep us on the "straight and narrow" and provide their experiences and skills to keep making us better and stronger.

What do we do?

- We provide special, trauma-informed therapeutic support following disclosures of CSA or when a family member is subject to an investigation into indecent images.
- We help with emotional support, because people cannot cope with CSA disclosures alone.
- In time, we provide psychoeducation to train and equip parents/carers with the tools they'll need to raise a young person impacted by CSA. We'll unpack what's going on in the brain and help provide the skills for therapeutic parenting: making lives easier.
- We now run support groups which help reduce feelings of isolation and being alone.
- We give HOPE! Everything we do is all about helping parents/carers get back on their feet and thrive again, raising their families and loving life.

What and who are looking for?

We are looking to recruit a number of trustees to join our team and help provide the governance and strategic support we need to practically run the charity. There are various bits of UK legislation we must keep, and our funding partners and donors naturally like to know we're operating in safe hands, so a strong governance board helps us do that.



What role involves:

- Being part of the trustee board means usually quarterly meetings (currently held virtually and lasting around 1.5 hours) and sharing your skills and opinion in those meetings.
- Checking in with our team from time to time to make sure everything is as it should be and the teams feeling supported and equipped in their work.
- Keeping an eye on specific projects and operations so that we share wisdom, learn, and do things in the best ways possible.
- Provide some oversight and senior decision making (when required) for things like disagreements, disciplinarys or risk mitigation (its only a small and very occasional part of the role, don't worry!).

Why are we recruiting now?



As with the rest of the world, we have gone through a very tough season the last couple of years (and so have our clients!) and so some trustees are moving on for personal circumstances that have changed for them; and other have been with us for a very long time and want to retire from their volunteering role (fair enough!).

So, we need some new faces now to strengthen our governance board and help us be the best we can be, keeping up the good work. Our families need us now more than ever, but the reality is we need a strong trustee board to keep the charity operating.

We have a brilliant small team of staff, and our volunteer numbers are growing; we're attracting the right sort of funding and things are looking like a bright future – we just need a larger trustee board to help us keep going!

What can I bring?

You might have a lot more you can give to helping families affected by CSA than you realise! You don't need to have any personal life experience in this subject, but your lived or professional experiences are likely to be highly valuable to us... which makes you very important to these families.



We are a team and every bit we contribute together is ultimately helping make a difference to the families who need us most!

- Personal experiences related to the subject might be useful, but not necessary (we'll never ask you to share anything you don't want to, don't worry!).
- You might have some sort of professional experience, which undoubtably will be invaluable.
- You might have limited regular time, but that is also fine – we keep meetings to the point (no waffle!) and focus on what's important.
- You might have specialist skills, which is great – but training and support through our community partners will help fill in any gaps for you.

We just need you! The rest we can work through as we go along.



Why should I join the family?

In exchange for your time, you'll be genuine making an incredible difference to families facing some of the worst things a family and young lives could go through.

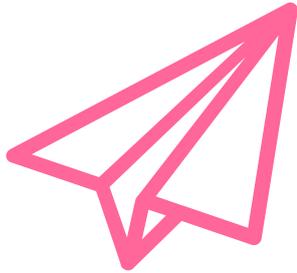
Without a trustee board, we simply cannot operate – so with a little bit of your help, we're making incredible things happen. You'll be joining a very friendly and compassionate team of folk who care about making a difference. It's so rewarding to know you'll be making a tangible difference in the care we give as a team.

We'll also make sure you get settled into your role, given access to the right sort of training and will support you in how you support us. It's a deeply rewarding sort of volunteering role, without big time commitments – but it makes a BIG difference!

How can I apply?

We hope this has got you interested, and so when you're ready please drop our CEO James (acting) an email to ask any questions you may have and request our short application form.

Please note, a DBS check will be required for this role due to the nature of the work and governance involved in this role.



For an informal chat and application form:

Email: james.druce@actsfast.org.uk | Tel: 01202 797217 (answer machine)

We very much look forward to hearing from you!